

*We are the inspiring and welcoming sanctuary for your soul...*

**miiSpa**

Nestled within the much loved Cairns International Hotel we are welcoming Cairns locals and visitors into our peaceful and friendly Spa haven. Classic and comfortable, timeless and elegant, tropical and refreshing, our serene sanctuary is the consummate Spa environment.

The healing hands of our dedicated therapists will support you to achieve your skin care goals with technologically advanced products, high performance treatments and professional advice. With therapeutic massages and complimentary therapies, we are the committed partners to support you on a path to vitality and wellness.

Surrender to our unforgettable signature Spa rituals that embrace the long lasting and tropical benefits of passionfruit, mango, marine and mineral extracts. Our heavenly Spa rituals will nourish your soul and awaken your senses.

### ***SIGNATURE RITUALS***

#### ***miiSpa Aroma Fusion***

**80 minutes - \$189**

A high performance treatment designed to firm, balance and nourish the face and back. Relax and unwind with a back brush and massage, further enhanced with a luxurious aroma facial, including our exclusive Water Lilly elixir mask and nourishing hand treatment.

#### ***miiSpa Heavenly Therapy***

**120 minutes - \$239**

Relax, re-balance and revive with the ultimate face and body therapy. Includes the powerful combination of a full body salt glow exfoliation, relaxation massage, aroma facial and hand treatment.

#### ***Intimate mii-Moments***

**120 minutes - \$235**

A “together time” for indulging and relaxing with your favourite person. Your journey begins in the Dreamtime Couples Suite with our signature ‘Blue Lagoon’ exfoliating sea bath, followed by a full body massage including head, face, feet and hands. Finish with a refreshing drink and spa cuisine platter. Total time out!

#### ***Caviar Deluxe Treatment***

**80 minutes - \$209**

Unite the powerful anti-aging ingredients of caviar and pearls with the lavish plant based Escutox ingredient, to smooth wrinkles and improve elasticity. Impressive results of extreme hydration and radiance.

#### ***Plantomer Lift-off***

**60 minutes - \$169**

A treatment for all skin types and ages. Delivering instant results, with an emphasis on “true health” for your skin. Our exclusive lift off treatment mask improves elasticity and hydration for a more refreshed and brightened skin.

#### ***Oxy-Vital Lift-off Mask***

**60 minutes - \$169**

Unique “rescue remedy” with collagen and aloe vera to strengthen, repair and hydrate. Rich essential healing ingredients will have your skin glowing. Beneficial as an “emergency mask” to also hydrate and calm your skin.

#### ***Seaweed Vitaminic***

**60 minutes - \$169**

Luxurious, multi-action treatment with potent “vitaminic” anti-aging ampoules to deeply nourish, regenerate and brighten. A decadent citrus and seaweed mask, rich in anti-oxidants and ginseng, will leave your skin alive and glowing.

#### ***Essential Aroma***

**50 minutes - \$120**

Customised for your skin type and utilising extracts from the earth and pure essential oils, this luxurious botanical facial will restore your skin’s balance, delivering a soft, supple and more youthful appearance.

#### ***Skin Fit for Men***

**60 minutes - \$169**

Powerful anti-aging and hydrating ingredients of caviar and pearls unite with the luxurious plant based Escutox, to help fight the ageing process. This result driven facial smoothes texture and improves elasticity while increasing oxygenation, delivering immediate results.

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## **UPGRADE ADD-ON TREATMENTS**

***Blissful Scalp*** **\$39**

For the instant relief of tired minds, enhance any treatment with a deeply hydrating hair mask and stress relieving scalp massage followed by wrapped hot towels for total absorption.

***Perfect Eyes*** **\$39**

Banish any dark circles and tired eyes, with this instantly visible high performance eye treatment. Anti-stress and anti-puffiness, ideal brightening for both men and women.

***Collagen Cryo*** **\$49**

Delivering outstanding results for the corrective concerns of lines and wrinkles. This intense therapy uses 100% collagen in a smooth gel for hydration and anti-ageing of the entire eye area.

***Youthful Lips*** **\$59**

Achieve a more youthful appearance with this remarkable formula of retinol, collagen and elastin, designed to smooth and plump the lips.

***Beautiful Body*** **\$59**

The perfect addition to any body therapy, have your tension and stress washed away under the revitalising jets of our Vichy shower.

## **BODY & WATER THERAPY**

***Aromatherapy Salt Glow*** **40 minutes - \$99**

Deep cleanse and achieve radiance with this invigorating pick-me-up. Aromatic mineral exfoliation, soothing shower and dry body oil finish, brings your skin back to superb radiance.

***Tropical Ritual Exfoliation*** **50 minutes - \$139**

Anti-aging and brightening for the entire body. Using highly aromatic papaya and pineapple ingredients for polishing, followed by an invigorating Vichy shower and tropical mist body oil finish.

***Tropical Escape Wrap*** **75 minutes - \$179**

Glorious, sensory escape with exfoliation, tropical oils and body wrap. Focusing on replenishing lost moisture, your skin will emerge smoother, more firm and visibly brighter. Finish with a relaxing scalp massage, soothing shower and body oil.

***Seaweed Oceanic Wrap*** **75 minutes - \$179**

Instant brightened results with an exfoliation, holistic body wrap and head massage to restore and detox. Using restorative seaweed and Botanical elixirs, eliminating any fluid retention for a more toned and hydrated body.

## **MASSAGE**

From the tip of your toes to the top of your temples, feel every trace of tension melt away under the expert hands of our massage therapists

Personalise your massage...

***Relaxation*** **50 minutes - \$120** **80 minutes - \$169**

For those who simply want to stop for total equilibrium and respite from the cares of the world.

***Aroma*** **50 minutes - \$130** **80 minutes - \$189**

The perfect antidote for stress, anxiety and over-worked muscles using miiSpa signature blended essential oils. A true sensory journey.

***Specialised Therapy*** **50 minutes - \$130** **80 minutes - \$189**

To focus on relieving specific stress and muscular tension. This customised massage is personalised to suit your individual needs.

***Pregnancy*** **50 minutes - \$120** **80 minutes - \$169**

For that special time, our trained therapist will assist in relieving tension in your lower and upper back, while comforting and supporting your body and bump.

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## **HAND & FOOT THERAPY**

### ***miiSpa Foot Therapy***

**60 minutes - \$109**

Therapeutic, sensory treatment. Turn your mind off with a relaxing foot soak, exfoliation, massage, nail treatment and a refreshing mask... leaves you walking on cloud nine! Includes a nail polish.

### ***miiSpa Hand Therapy***

**60 minutes - \$109**

An intensive nurturing treatment. Replenish, repair and soften with exfoliation, massage, manicure and a nourishing mask. Pure pampering for your hands and nails to restore beauty and suppleness. Includes a nail polish.

### ***miiSpa Hand & Foot Combo***

**90 minutes - \$169**

The perfect duo, leaving both hands and feet superbly hydrated and in wonderful condition. Includes a nail polish.

## **SPA ETIQUETTE**

### ***Reservations***

Pre-booking your treatment is essential so we can best accommodate your needs. Please check-in at miiSpa at least 20 minutes before your scheduled appointment to ensure you have adequate time to change into your robe and slippers, and enjoy a herbal tea or refreshing drink before your treatment. Please understand that if you arrive late, your treatment time will be reduced accordingly.

### ***Cancellation and Re-scheduling***

If you need to change or cancel your appointment, please let us know within \*24 hours of your treatment, otherwise a cancellation fee of 50% of the treatment value will apply. A fee of 100% for all Spa services reserved will be applied for 'no-shows' or cancellations on public holidays. \*48 hours for conferences, group and package bookings. All treatments are non-refundable, non-transferable and non-exchangeable.

### ***Opening Hours***

miiSpa is open every day with extended hours for your convenience and enjoyment. A public holiday surcharge may apply at some spas.

### ***Gender Preference***

We have both male and female professional therapists available at some spas. If you have a preference, please let us know when you make your reservation.

### ***Pre-Natal and Special Considerations***

miiSpa is pregnancy friendly. Please let us know of your pregnancy when you reserve your booking to ensure both your wellness and enjoyment. Some spa treatments may require you to be over your first trimester.

Please advise at time of booking of any major health concerns.

miiSpa extends its services to people 14 years and above, however, please ask about our special spa options for children. We reserve the right to refuse treatment to guests who arrive intoxicated or under the influence of illegal substances. Our therapists are trained professionals and any inappropriate behaviour will end your treatment immediately.

### ***Valuables***

Please leave your valuables in your hotel room or the hotel's safe. We cannot take responsibility for valuables left in the change room lockers or robes.

### ***What to Wear***

Casual attire is best. Robes and slippers will be provided for you on arrival.

### ***Gift Vouchers***

Whatever the occasion, we are happy to arrange a gift voucher for any spa treatment, service or spa product. You may wish to create your own personalised gift or choose a treatment from our spa menu. Your treatment can be combined with overnight accommodation and dinner or breakfast package.

### ***miiSpa Lifestyle Boutique***

Maintain the results you have achieved from your treatments with a customised selection of home care products. Choose from an enticing and life-enriching selection of health and wellness literature, calming CDs, sensory face, hands and body care creams, candles, essences and herbal teas.

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